

## Appendix C: Substance Abuse Attitude Survey (SAAS)

### **Factor I: Permissiveness**

1. Marijuana should be legalized.
2. Personal use of drugs should be legal in the confines of one's own home.
3. Daily use of one marijuana cigarette is not necessarily harmful.
4. It can be normal for a teenager to experiment with drugs.
5. Lifelong abstinence is a necessary goal in the treatment of problematic drug use.
6. Once a person becomes drug-free through treatment he can never become a social user.
7. Parents should teach their children how to use drugs.

### **Factor II: Treatment Intervention**

1. Family involvement is a very important part of the treatment of drug addiction.
2. The best way to treat drug-dependent people is to refer them to a good treatment program
3. Group therapy is very important in the treatment of drug addiction.
4. Urine drug screening can be an important part of treatment of drug misuse.
5. Long-term outpatient treatment is necessary for the treatment of drug addiction.
6. Paraprofessional counselors can provide effective treatment for drug misusers.

### **Factor III: Non-stereotypes**

1. People who use marijuana usually do not respect authority.
2. Smoking leads to marijuana use, which, in turn, leads to hard drugs.
3. Marijuana use leads to mental illness.
4. Heroin is so addicting that no one can really recover once he/she becomes an addict.

5. All heroin use leads to addiction.
6. Weekend users of drugs will progress to drug misuse.
7. A hospital is the best place to treat a drug addict.
8. Recreational drug use precedes drug misuse.

**Factor IV: Treatment optimism**

1. Drug addiction is a treatable illness.
2. A drug-dependent person who has relapsed several times probably cannot be treated.
3. Most drug-dependent persons are unpleasant to work with.
4. A drug-dependent person cannot be helped until he/she has hit "rock bottom."

**Factor V: Non-moralism**

1. Street pushers are the initial source of drugs for young people.
2. Drug misuse is so dangerous that it could destroy the youth of our country if not controlled by law.
3. Angry confrontation is necessary in the treatment of drug addicts.
4. Drug misusers should only be treated by specialists in the field.
5. Addiction to drug is associated with a weak will.
9. Using any hard drugs shortens one's life span.